

## PROFILE

I am registered with the Health and Care Professions Council (HCPC) and Chartered by the British Psychological Society (BPS). I have worked in a range of NHS mental health services since 2004 and particularly specialised in the areas of trauma/adversity and clinical risk since 2012. I work with children, adolescents, and adults and currently split my week between NHS clinical practice as a Consultant Clinical Psychologist, expert witness assessments in civil and criminal cases, conducting and supervising research, and occasional private psychological therapy. I have a professional doctorate in Clinical Psychology and a Psychology PhD that focused on measurement and assessment. My doctorates, extensive clinical experience and training, and ongoing Continuing Professional Development mean that I bring a depth and breadth of knowledge of psychological science and evidence-based practice to expert witness work. Most of my expert work is in the area of **family law**, although I also work on **personal injury**, **clinical negligence**, and **immigration** cases.

## EDUCATION AND QUALIFICATIONS

- 2017 PhD in Clinical Psychology, University of Stirling
- 2013 Doctorate in Clinical Psychology, University of Hertfordshire
- 2004 B.Sc. (Hons) Psychology. School of Psychology, University of Leicester

## PROFESSIONAL REGISTRATION

- **Registered with the Health and Care Professions Council (HCPC)** (PYL 30674). Registration authorises usage of a protected title ('Clinical Psychologist') and demonstrates that a particular individual is 'practicing legally, safely and effectively.'
- **Chartered by the British Psychological Society (BPS)** (169463). A legally recognised title that reflects the highest standard of psychological knowledge and expertise.

## RELEVANT PROFESSIONAL ADVISORY & STRATEGIC ROLES

- 2019- *Assessment, Diagnosis and Formulation Task & Finish Advisory Group* (BPS)
- 2019- *Safeguarding Task & Finish Advisory Group* (BPS)
- 2019- *Professional Standards Unit* for the Division of Clinical Psychology (BPS)

## EXPERT WITNESS AREAS OF EXPERTISE

- **Psychological problems and responses related to trauma and adversity** (e.g., trauma; adverse childhood experiences; neglect; abuse; domestic abuse; bereavement; human trafficking; accidents; immigration; chronic medical conditions)
- **Parenting competence, family functioning, systemic dynamics, risk to children** (e.g., residency; contact arrangements; ability to make and sustain changes; parental alienation)
- Theory and evidence-based **risk assessment and management across the lifespan** (e.g., suicide attempts, nonsuicidal self-injury/self-harm, sexual recidivism, harmful sexual behaviour, domestic abuse, intimate partner violence) – including capacity and motivation to change, protective factors, and recommendations for management/treatment
- **Assessment of mental capacity, fitness to plead, ability to give evidence and testify in Court, malingering, and suggestibility**
- **Diagnosis of psychiatric disorders and personality disorders** using gold standard semi-structured diagnostic interviews
- **Psychological formulations** of complex individual and systemic problems and suitability for psychological therapy
- **Neuropsychological assessment**

**EXPERT WITNESS TRAINING**

2016, 2021 5 days expert witness training (BPS)

**SUPERVISION TRAINING**

2019 Competency based feedback and problem resolution in supervision

2018 Psychology specialist supervision course

2016 Introduction to CBT supervision

2015 Generic supervision competencies

**RECENT CLINICAL EXPERIENCE**

2022- **Consultant Clinical Psychologist**

- Professional lead for Veterans First Point
- Supervision, consultation, training, and networking with stakeholders to promote the service and veteran's mental health across Scotland
- Highly specialised assessment, formulation, and interventions for complex psychological problems

2017- **Consultant Clinical Psychologist in Independent Practice and Expert Witness**

- Expert witness assessments (see page 1)
- Highly specialised assessment, formulation, and interventions for a broad range of psychological problems in children, adolescents, and adults
- Supervision and consultation of other expert witnesses (including Consultant Psychologists)

2021-2022 **Principal Clinical Psychologist**

- Introduced new Long-Covid service for NHS staff members from scratch (designed, delivered, and evaluated)
- Highly specialised psychological assessment, interventions, consultation, and training

2016-2021 **Principal Clinical Psychologist**

- Highly specialised assessment, formulation, and interventions for trauma-related psychological problems in a broad range of adult populations
- Supervision, consultation, teaching, and training to a range of other professionals on a range of trauma- and risk-related psychological problems and clinical challenges

2014-2016 **Principal Clinical Psychologist**

- Introduced and led a psychology service for adult amputees
- Highly specialised direct and indirect psychological assessment and interventions
- Supervision, consultation, teaching, and training to a range of other professionals

**RESEARCH**

I have published 19 articles on a range of clinical topics and I supervise Doctoral and Masters students. I am regularly asked to peer-review for a range of journals. My expertise in the field of trauma was recognised by an appointment to the Editorial Advisory Board for the *Journal of Traumatic Stress* (2017-2023). Publications are displayed overleaf.

- Siddaway, A. P.** (in press). We need to talk about Long-Covid. *The Psychologist*.
- Siddaway, A. P.**, Holm-Denoma, J., Witte, T. K., & Ruscio, J. (2021). Re-examining the latent structure of suicidal thoughts using taxometric analysis: Implications for testing ideation to action theoretical models of suicidal thoughts and behaviour. *Psychological Assessment*, *33*, 243–254.
- Siddaway, A. P.** (2020). Adverse childhood experiences (ACEs) research: Commonalities with similar, arguably identical literatures and the need for integration. *British Journal of Psychiatry*, *217*, 397-398.
- Siddaway, A. P.**, Quinlivan, L., Kapur, N., O'Connor, R. C., & de Beurs, D. (2020). Cautions, concerns, and future directions for using machine learning in relation to mental health problems and clinical and forensic risks: A brief comment on "Model complexity improves the prediction of nonsuicidal self-injury" (Fox et al., 2019). *Journal of Consulting and Clinical Psychology*, *88*, 384–387.
- Kuppens, S., Moore, S. C., Gross, V., Lowthian, E., & **Siddaway, A. P.** (2019). The enduring effects of parental alcohol, tobacco, and drug use on child wellbeing: A multi-level meta-analysis. *Development and Psychopathology*, *5*, 1-14.
- Siddaway, A. P.**, Wood, A. M., & Hedges, L. V. (2019). How to do a systematic review: A best practice guide to conducting and reporting narrative reviews, meta-analyses, and meta-syntheses. *Annual Review of Psychology*, *70*, 747-770.
- Siddaway, A. P.**, Wood, O'Carroll, R. E., & O'Connor, R. C. (2019). Characterizing Self-Injurious Cognitions: Development and validation of the Suicide Attempt Beliefs Scale (SABS) and the Nonsuicidal Self-Injury Beliefs Scale (NSIBS). *Psychological Assessment*, *31*, 592-608.
- Siddaway, A. P.**, Taylor, P. J., & Wood, A. M. (2018). Re-conceptualizing anxiety as a continuum that ranges from high calmness to high anxiety: The joint importance of reducing distress and increasing well-being. *Journal of Personality and Social Psychology*, *114*, e1-e11.
- Siddaway, A. P.**, Wood, A. M., & Taylor, P. J. (2017). The Centre for Epidemiologic Studies-Depression (CES-D) scale measures a continuum from well-being to depression: Testing two key predictions of Positive Clinical Psychology. *Journal of Affective Disorders*, *213*, 180-186.
- Siddaway, A. P.**, & Rafetseder, E. (2015). An agenda for conceptualising and researching praise and criticism. *Journal of Paediatrics and Child Health*, *52*, 98-99.
- Siddaway, A. P.**, Taylor, P. J., Wood, A. M., & Schulz, J. (2015). A meta-analysis of the role of perceptions of defeat and entrapment in depression, anxiety problems, posttraumatic stress disorder, and suicidality. *Journal of Affective Disorders*, *184*, 149-159.
- Siddaway, A. P., Wood, A. M., Schulz, J., & Trickey, D. (2015). Evaluation of the CHUMS child bereavement group programme: A pilot study examining statistical and clinical change. *Death Studies*, *39*, 99-110.
- Siddaway, A. P.**, Wood, A. M., & Cartwright-Hatton, S. (2014). Involving parents in Cognitive Behavioural Therapy for child anxiety problems: A case study. *Clinical Case Studies*, *13*, 359-372.
- Keville, S., **Siddaway, A. P.**, Rhodes, L., Horley, N., Brown, R., Dove, L., & White, L. (2013). Learning on the front line: Can personal development during problem-based learning facilitate professional development in Trainee Clinical Psychologists? *Reflective Practice: International and Multidisciplinary Perspectives*, *14*, 717-728.
- Siddaway, A. P.**, & Wood, A. M. (2013). Recommendations for improving mindfulness based cognitive therapy trials. *Psychiatry Research*, *207*, 229-231.
- Trickey, D., **Siddaway, A. P.**, Meiser-Stedman, R., Serpell, L., & Field, A. P., (2012). A meta-analysis of risk factors for posttraumatic stress disorder in children and adolescents. *Clinical Psychology Review*, *32*, 122-138.
- Published Letters**
- Siddaway, A. P.** (2020). Multidisciplinary research priorities for the COVID-19 pandemic. *The Lancet Psychiatry*, *7*, e42.
- Siddaway, A. P.** (2020). Multidisciplinary research priorities for the COVID-19 pandemic. *The Lancet Psychiatry*, *7*, e43.
- Siddaway, A. P.** (2014). Measurement of depression and anxiety problems has not kept up with theory and evidence. *British Journal of Psychiatry eLetter*.